

FOR IMMEDIATE RELEASE

St. Joseph Manor's Mater Dei Adult Day Health Center Provides Person-Centered Services to its Clients

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(Brockton, MA)

St. Joseph Manor is one of only 4 nursing homes in Massachusetts that have been officially registered as an Eden Alternative home. The core concept of The Eden Alternative is simple and powerful. Eden Alternative is a worldwide movement dedicated to creating enlivening environments and dedicated to the elimination of the plagues of Loneliness, Helplessness, and Boredom. Our Mater Dei Adult Day Health Center practices this culture change each and every day.

The Mater Dei Adult Day Health Center enhances the lives of the people they serve by providing health and social services that can significantly improve the lives of adults with functional and/or cognitive impairments and enable them to remain at home with their loved ones. Specifically, Mater Dei provides the following:

- ◆ Nutritious meals and snack provided daily under the supervision of a qualified registered dietitian.
- ◆ Skilled nursing services which include administering medications and treatments, general health, nutrition and health education.
- ◆ Coordination of rehabilitation services when ordered by client's physician, including physical, occupational and speech therapy.
- ◆ Counseling, support groups, social services and educational information sessions available to clients and their families.
- ◆ Recreational activities including day trips, live entertainment and an on-site hairdresser.
- ◆ Hours of Operation are Monday through Friday, 7:30 a.m. to 5:00 p.m.

"We are so pleased to offer this culture change to our clients. Moreover, it is important to us to be able to provide these much needed services to the individuals in our community," commented Louise Gallagher, Director.

In addition to the services we provide, we also have a monthly Caregiver Support Group. Our support group discusses the challenges that face caregivers on a daily basis. We welcome you to come and share information with other caregivers about what works and what doesn't, as well as, feel comfort and reassurance that you are not alone. This group is held on the fourth Wednesday of every month from 5:30 p.m.-7:30 p.m.

For more information on our services, please contact Louise Gallagher, Director at 508-583-8313.

St. Joseph Manor is a non-profit nursing home and skilled care facility with 118 beds. A majority of the resident rooms at St. Joseph Manor are private. Also available is our Mater Dei Adult Day Health Program with a 60 client a day capability.

Contact:

Anne DeMinico, CEO/Administrator
St. Joseph Manor Health Care Inc.
215 Thatcher St., Brockton, MA 02302
Tele. 508-583-5834, x3015
e-mail: Ademinico@SJMbrockton.org